

# LET'S EAT!

*ANN MANJE!*

*¡COMAMOS!*

VAMOS COMER!

吃饭吧

吃飯吧

*Food access in Allston-Brighton*

**M** ONDAY

10am-2pm: APAC Food Pantry  
11am-4pm: ABCD Food Pantry  
12pm: Weekly Lunch Program  
3pm-5pm: Fresh Truck

**T** UESDAY

10am-2pm: APAC Food Pantry  
12pm: Weekly Lunch Program  
2:30pm-3:30pm, 3rd Tuesdays: Mobile Market

**W** EDNESDAY

10am-2pm: APAC Food Pantry  
10am-4pm: ABCD Food Pantry  
12pm: Weekly Lunch Program  
6pm: Community Supper

**T** HURSDAY

10am-2pm: APAC Food Pantry  
10am-4pm: ABCD Food Pantry  
12pm: Weekly Lunch Program  
2:30pm-4:30pm: ABCD Lovin' Spoonful

**F** RIDAY

10am-2pm: APAC Food Pantry  
10am-4pm: ABCD Food Pantry

**S** ATURDAY

10am-1pm, 2nd, 4th Saturdays:  
Allston-Brighton Food Pantry

**Allston Brighton APAC**

617-783-1485 406 Cambridge St., Allston

Monday - Friday, 10am-2pm

Please provide information on income eligibility and address.

**Action for Boston Community Development (ABCD) Food Pantry and Lovin' Spoonful**

617-903- 3640 640 Washington St., Suite 203, Brighton MA 02135

Food pantry hours: Monday 11am-4pm

Wednesday – Friday 10am-4pm

Food is available once per month, with exceptions during food emergencies. Items include beans, rice, peanut butter, pasta, fresh produce, a variety of meat options, soups, eggs, and sometimes cheese.

**Allston-Brighton Food Pantry, Brighton Allston Congregational Church**

617-254- 4046 404 Washington St., Brighton, MA 02135

On the 2nd and 4th Saturday of the month between 10am-1pm, Please provide photo ID, information on income eligibility, and a letter confirming address to receive a food basket (a 3-4 day food supply for one household).

**Community Supper, Brighton Allston Congregational Church**

(617) 254-4046 404 Washington St., Brighton, MA 02135

Wednesdays at 6pm, Dinner is open to everyone, free of charge.

**Fresh Truck Mobile Market**

Open to everyone

617-783-0500 Charles River Community Health Center, 495 Western Ave, Brighton

Every Monday, 4:00pm – 6:00pm

Cash, credit & EBT accepted.

Fresh Truck is a non-profit mobile market selling fresh fruits and vegetables at affordable prices

Full schedule: [www.freshtruck.org/schedule/](http://www.freshtruck.org/schedule/)

Contact us: [info@thefreshtruck.org](mailto:info@thefreshtruck.org) or (617) 297-7685

**Mobile Market**

Every 3rd Tuesday of each month, 2:30pm - 3:30pm

617-783-0500 Charles River Community Health Center, 495 Western Ave, Brighton

Open to all patients of Charles River Community Health Center

There is no income requirement, but participants will be asked to provide basic demographic information and answer brief food access questions. This information will be kept confidential. We can only distribute one share of fresh fruits and vegetables per household, and patients must call or come to the health center to pre-register with one of the Community Health workers.

**Weekday Lunch Program, Veronica B. Smith Multi-Service Senior Center**

617-635- 6120 20 Chestnut Hill Avenue, Brighton, MA 02135

Monday – Thursday, 12 noon

Lunches consist of both hot and cold meals, and a \$2 donation is suggested.